

BECAUSE THE SKIN NEVER FORGETS

# Dermatological Check-ups

The skin never forgets. Therefore, the dermatological check-ups are for the early detection of light damage and premature, externally caused skin ageing, skin cancer and skin diseases, as well as advice on existing skin problems.

For this purpose, our dermatologist, Dr. med. Sabine Werner, performs a thorough examination of your entire skin and identifies risk factors for skin diseases. Based on the results, you will receive recommendations on how to maintain or improve the health of your skin.

Skin Check-ups	Plus	Basic
Individual skin anamnesis (risk profile)	✓	✓
Complete examination of the skin incl. incident light microscopy for early detection of skin cancer, skin cancer precursors or other skin diseases	✓	✓
Control of birthmarks/moles (nevi) incl. reflected-light microscopy (dermatoscopy) as well as scalp, hair, nails	✓	✓
Detailed discussion of the examination results and any necessary recommendations. Advice for a medically necessary therapy.	✓	✓
Summary report with the relevant results and delivery to the patient.	✓	✓
<b>Prevention:</b> Individual instruction on self-observation of the skin and on possible alarm signs of skin cancer and precursors (patient education) as well as UV radiation/UV protection or <b>Skin protection &amp; care:</b> Individual care and sun protection plan according to skin type to prevent skin damage and premature skin ageing. or <b>Coaching:</b> Possible coping strategies, therapy-accompanying self-help methods and relaxation techniques such as medical hypnosis for pre-existing skin problems or chronic skin diseases such as neurodermatitis, itching, scratch acne, skin picking, frequently recurring herpes, etc.	✓	
	1,5 hours	1 hour
	CHF 500	CHF 375



«Early identification is the be-all and end-all in skin cancer prevention.»

Dr. med. Sabine Werner  
Dermatologist