

To clarify your own health profile

# Medical Check-ups

During these comprehensive check-ups, our doctors collect important information about your state of health and develop a targeted and individual consultation based on the examination results. The medical check-ups are preventive measures to identify possible risk factors.

We show you ways to improve or maintain your health. Therefore, when it comes to your preventive health care, you can rely on the expertise of renowned specialists and the most modern technology standards at Oberwaid.

Check-up Programme	Basic	Plus	Intense
Detailed internal cardiological examination	✓	✓	✓
Assessment of the individual cardiovascular risk profile (resting ECG, blood pressure and pulse measurement)	✓	✓	✓
Detailed laboratory examination	✓	✓	✓
Exercise ECG		✓	✓
Pulmonary function test		✓	✓
Carotid duplex			✓
Coaching on individual stress management	✓	✓	✓
Discussion of the findings and counselling on individual prevention and improvement of your risk profile	✓	✓	✓
	CHF 1240	CHF 1650	CHF 1750

## Medical Fields

The interdisciplinary range of treatment extends from diagnostics and therapy to prevention and rehabilitation. Individuality is very important to us. Drawing on this interdisciplinary range of treatments, we will develop a customised therapy plans for you.



Cardiology  
Rehabilitation



Psychosomatic  
Rehabilitation



Orthopaedic  
Rehabilitation



Physiotherapy &  
Sports Medicine



Check-ups &  
Prevention