

Obligatory Safety and Hygiene Measures

Valued guests

Thanks to our highly qualified medical specialists, we are in the fortunate position of being able to implement a well thought-out concept so that you can enjoy a relaxed and safe stay with us in The Oberwaid.

The Oberwaid is currently only open to clinic guests, hotel guests and members of the Tau Spa & Gym. Unfortunately, the hygienic regulations do not currently permit opening for external restaurant or spa guests

Information about the public areas and the Oberwaid in general

- From September 13th, 2021, a mandatory COVID-Certificate requirement has been launched for all areas of the Oberwaid
- There is still a strict obligation to wear masks in all public areas and corridors.
- Upon your arrival at the Oberwaid, the Reception Team is required to check and validate your COVID-Certificate. Should your Certificate expire during your stay with us, we kindly ask you to show us your renewed Certificate as soon as you have received it.
- Testing Facilities and further information for the Canton St. Gallen you can find under this [LINK](http://www.sg.ch/tools/informationen-coronavirus/coronavirus-tests.html) (www.sg.ch/tools/informationen-coronavirus/coronavirus-tests.html).
- The costs for the tests cannot be covered by the Oberwaid and we do not offer tests in the Oberwaid.
- We kindly ask you to cancel your stay, even at short notice, if you show symptoms of illness such as coughing, fever, shortness of breath, sore throat, loss of sense of taste and smell or a general feeling of illness (aching limbs, headache, muscle pain, tiredness).
- If you are already our guest and you feel unwell or ill, please contact us by telephone and we will coordinate the necessary steps with our medical team.
- The housekeeping team continuously takes care of your safety and health and disinfects handrails, door handles and the lifts.
- Magazines and newspapers have been removed from rooms and public areas. Daily newspapers are available at the reception and in the restaurant on request.
- Please do not use the elevators with other guests.
- Children under 16 years of age are currently not able to be admitted.
- All doors to public areas and elevators are tagged with the maximum number of persons allowed by the Department of Health. Please respect the signage.

Information about the restaurant

- So that you, as our hotel guest, have more space and security, our restaurant is at your exclusive disposal. The Restaurant Seeblick, the Lobby Bar and the Parkblick Terrace are only open to clinic, hotel and seminar guests.
- The seating capacity has been adjusted and only a reduced number of seats is available due to the minimum distance of 1.5 meters between the guest tables.
- Here you have the possibility to choose from our daily à la carte, or Halfboard-Selection-Menu (per person CHF 70.00). And please do not forget to make a reservation for dinner, as we have limited seating capacity.
- We apologize for any waiting times caused by these safety measures.

Opening hours for the Restaurant Seeblick and the Lobby/Bar for hotel and seminar guests:

Breakfast: 07.00 – 10.00 hrs
Lunch: 12.30 – 14.00 hrs
Dinner: 17.30 – 21.00 hrs

Information about the Tau Spa & Gym

- The indoor pool and spa area are only available to clinic, hotel guests and Tau Spa Members. External guests don't have access to the spa area, indoor swimming pool and gym.
- We have to separate our different guest groups, therefore the various facilities can be only used by one specific group at a specific time.
- All seats and loungers have been arranged in such a way that the necessary minimum distance can be kept. Please do not move any loungers or seats.
- We kindly ask all guests to change in their hotel room and come directly to the spa in their bathrobes to keep the frequency in the changing rooms as low as possible.
- During spa treatments, the wearing of a mouth-nose mask is mandatory for the therapist and the guest.
- Group activities in our course rooms do not currently take place.
- Some spa amenities such as fresh fruits cannot be offered at the moment.

Opening hours for hotel guests:

Spa Bereich:	Mon - Sun:	10.00 hrs – 20.30 hrs	
Hallenbad:	Mon & Tue:	07.00 hrs – 14.00 hrs	und 18.00 hrs – 21.00 hrs
	Wed:	07.00 hrs – 14.00 hrs	und 15.00 hrs – 19.00 hrs
	Thu:	07.00 hrs – 16.00 hrs	und 18.00 hrs – 21.00 hrs
	Fri:	07.00 hrs – 14.00 hrs	und 17.00 hrs – 21.00 hrs
	Sat:	07.00 hrs – 12.00 hrs	und 16.00 hrs – 21.00 hrs
	Sun:	07.00 hrs – 17.00 hrs	
Gym:	Mon – Fri:	07.00 hrs – 08.30 hrs	und 11.15 hrs – 13.15 hrs und 17.30 hrs – 21.00 hrs
	Sat:	15.00 hrs – 21.00 hrs	
	Son:	09.00 hrs – 14.30 hrs	

We kindly ask you to pay attention to the signs throughout the house. All doors of public rooms and elevators are marked with the maximum number of persons allowed inside.

We thank you very much for your assistance and for your understanding.

If you have any questions, please do not hesitate to contact us at +41 (0)71 282 0000 or via email info@oberwaid.ch.

Please stay healthy.

Your Oberwaid Team